

8.00am – 8.30am	Registration 8.30-8.40 Official Welcome , acknowledgment of country, housekeeping 8.40-9.00 Building connections for the day
9.05 am – 10.05 am	<p>Practical: Reimagining minor games with Kinball <i>Lachlan Mann, Richmond High School, Alli Grey-Smith, Melbourne Girls College.</i></p> <p>Looking to engage and challenge your students? This session will guide teachers through a range of activities and minor games using 'Omnikin Balls' to maximise student participation through games, progressions and challenges whilst adapting to the king-sized playing equipment. If you want to reignite the spark of student engagement, interaction and cooperation in the classroom- come join in the fun.</p>
10.15 am – 11.15 am	<p>Health workshop: Vaping- Seeing through the Haze</p> <p>Public health organisations have been at the forefront of efforts to reduce smoking-related harms in Australia over the past 30 years. Their efforts to reduce smoking rates have paid off. According to the Australian Institute of Health and Welfare (2022) smoking rates have consistently decreased since 1991. BUT, smoking is still the leading cause of preventable death and disease. In recent times a new threat to public health has emerged – VAPING. Data analysed by Cancer Council Victoria’s Centre for Behavioural Research in Cancer shows sharp increases in the use of e-cigarettes (a.k.a vapes) by young people, including teenagers. We have also witnessed for the first time in 30 years an increase in young people smoking. In this presentation we will spend time exploring the suite of classroom resources that were launched earlier this year that specifically address vaping. We will spend time covering the key ideas that underpin the development of the resource. Presenters will also provide an update of the changing government regulations and data.</p>
11.15 am – 11. 45 am	MORNING TEA AND EXHIBITION
11.45 am – 12.25 pm	<p>Practical: Supercharging Student Engagement <i>Bernie Walsh, ACHPER Victoria</i></p> <p>Join in as we get involved in a range of activities to reinvigorate student engagement and interaction in your practical lessons. Learn how to supercharge classic activities and sports so they provide opportunities to maximise participation, movement and enjoyment for all abilities. This practical workshop will equip you with the tools to create dynamic learning experiences that will leave your students motivated and eager to participate. Don't miss out on supercharging your teaching skills and making a lasting impact in your classroom</p>
12. 30 pm – 1.10 pm	<p>Practical: Pickleball – the recreation game taking over <i>Andy Hair, ACHPER Victoria</i></p> <p>Get ready to add a new and exciting sport to your PE curriculum - Pickleball! Get ready to be hooked on this fast-paced and addictively fun racquet sport that is taking the world by storm. It's easy to learn, can be played by people of all ages and abilities, and is a great way to get students moving and active. In this active session, we'll take you on a journey through the basics of Pickleball, including an overview of the rules, equipment, and essential skills. We'll be showing you how to have fun and engage your students through creative and interactive activities that teach Pickleball skills in a way that keeps everyone energized and entertained. Learn how to design engaging lessons that get students excited about Pickleball, with tips and tricks for incorporating Pickleball into your curriculum and community setting to increase physical activity for all.</p>
1.10 pm – 2.10 pm	LUNCH – Lunch and Learn Interactive activities with exhibitors- engage with teachers.
2.10 pm – 3.10 pm	<p>Health workshop : Educator Wellbeing, the Pillars of Health <i>Live Life Whole</i></p> <p>How can you look after others if you don't put your own needs first? This session largely focuses on encouraging educators to tune into their personal well-being needs and prioritise how they can best support their health first and foremost. The session helps unpack the relationship between our physiology & psychology by providing participants with practical strategies to support the "whole" person in our unique approach to supporting health & wellbeing. Explore how to use the Live Life Whole approach to support educators with their mental and physical well-being.</p>
3.15 pm – 3.55 pm	<p>Practical: Pump up participation with Cardio Tennis! <i>Tennis Victoria</i></p> <p>Want more ways to teach and play tennis? Join us to learn about Cardio Tennis- the energised way to learn and play tennis for people of all ages and abilities. Cardio Tennis is a fitness program focused on increasing the awareness and understanding of students' health and physical activity in a modified environment. Learn how Cardio Tennis blends movement, skills and music to maximise motivation, and how this can reinvigorate your net/wall sessions in your PE program.</p>